Claude Free vs Pro — Which One?

Our honest advice: start free, finish Module 1, and upgrade when you feel the limit.

	Free — $0	Pro — $17/mo annual · $20 monthly
Full conversations	Yes	Yes
Memory across chats	Yes	Yes
Web search	Yes	Yes
Create files & run code	Yes	Yes
Usage limits	Lower daily limits	At least 5x more — resets every 5 hours
Model choices	Core models	More models, incl. the most capable
Projects	Up to 5	Unlimited + enhanced project knowledge
Research	—	Included
Claude Code & Cowork	—	Included
Microsoft 365 integration	—	Included